

# Success Sheet for: \_\_\_/\_\_\_/\_\_\_

Each day, write down three things you did to make progress on personal goals, and three things you did to make progress on business goals. Celebrate those moments of success! Make it your goal to have 10 "Q-TIPS" each day, too. That stands for Quit Taking It Personally. They are also known as loving touches. Reach out and connect to people.

## 3 Business

|   |       |
|---|-------|
| ☆ | _____ |
|   | _____ |
| ☆ | _____ |
|   | _____ |
| ☆ | _____ |
|   | _____ |

## 10 Q-TIPS

|     |       |
|-----|-------|
| 1)  | _____ |
| 2)  | _____ |
| 3)  | _____ |
| 4)  | _____ |
| 5)  | _____ |
| 6)  | _____ |
| 7)  | _____ |
| 8)  | _____ |
| 9)  | _____ |
| 10) | _____ |

## 3 Personal

|   |       |
|---|-------|
| ☆ | _____ |
|   | _____ |
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|   | _____ |
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|   | _____ |

You're doing an amazing job!



**LEARN MORE ABOUT THE SUCCESS SHEET BY SCANNING THE QR CODE ON THIS PAPER AND WATCHING THE YOUTUBE VIDEO.**





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