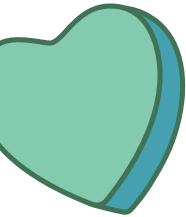


# What I Love

“What I Love” is a reflection to help you reconnect with what truly brings you happiness. As you continue into 2026, take time to list the people, places, and things that fill your heart and make you feel most alive. When you become aware of what you love, you can be more intentional about doing more of it. Let this page be a gentle reminder to prioritize meaningful connections, experiences, and activities that nourish your happiness. The more you choose what you love, the more joy you invite into your everyday life.



## People



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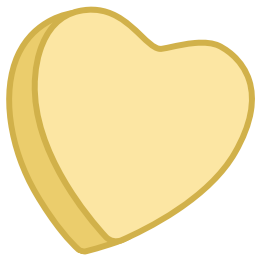
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## Places



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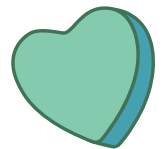
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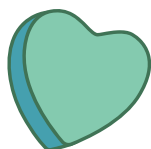
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## Things



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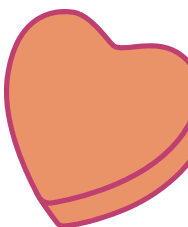
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## People

- My husband
- Our kids & grandkids
- Friends
- People from church
- All the animals & pets around us
- 
- 

## Places

- Hiking by the waterfall
- Beach
- Tennessee where my sister lives
- Movie theater
- Restaurants: San Blas for Mexican food
- 
- 

## Things

- Root beer floats
- Drinking tea/coffee
- The color black
- Listening to a book on Audible
- Going to the movies at the theater
- Playing with our animals
- Bubble baths





## Let's Connect:



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