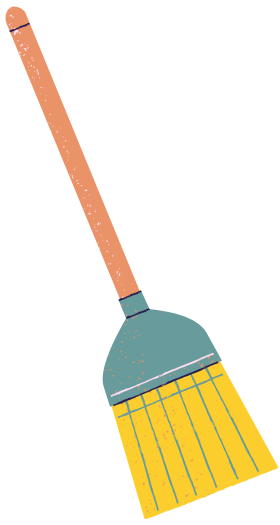


Spring Clean Your Life

The sun is shining. Flowers are popping. Blossoms are blooming. Spring is here. It's the perfect time for you to spring clean your life. Each box below represents a category in your life that could use a little more focus. Brainstorm what tasks you need to get done in each category to help lighten your load and lighten your life to feel happier and healthier with more of a bounce in your step as we go into this next season. The key to this printable is to take things one task at a time so things don't feel so overwhelming.



Home

Work

Yard

Finances

Relationships

Health

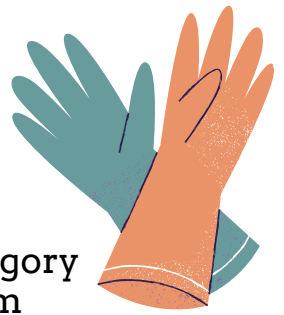
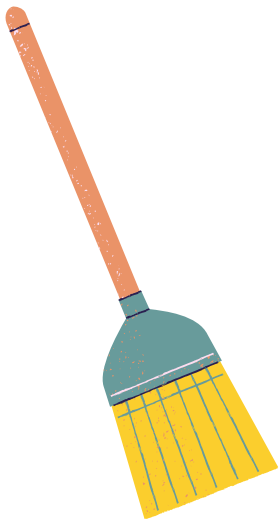


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Home

- Front door squeaks: WD40
- Sink drips: hire plumber
- Organize food pantry
- Wipe inside & outside of windows
- Go through closet and donate stuff

Work

- Get new printer
- Hire help for designing graphic
- Send the invoices
- Follow up after the event
- Finish writing the book

Yard

- Fertilize lawn
- Fix the broken fence
- Clear garage
- Take load to landfill
- Buy new lawnmower

Finances

- Buy QuickBooks to keep better records
- Create a monthly budget
- Make investments: Start Roth IRA
- Schedule auto donation to charities

Relationships

- Schedule family camping trip
- Buy new birthday cards to send to family and friends
- Call my mother-in-law

Health

- Sign up for healthy dinner box subscription
- Purchase electrolyte drink mix
- Sign up to attend pilates classes



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