

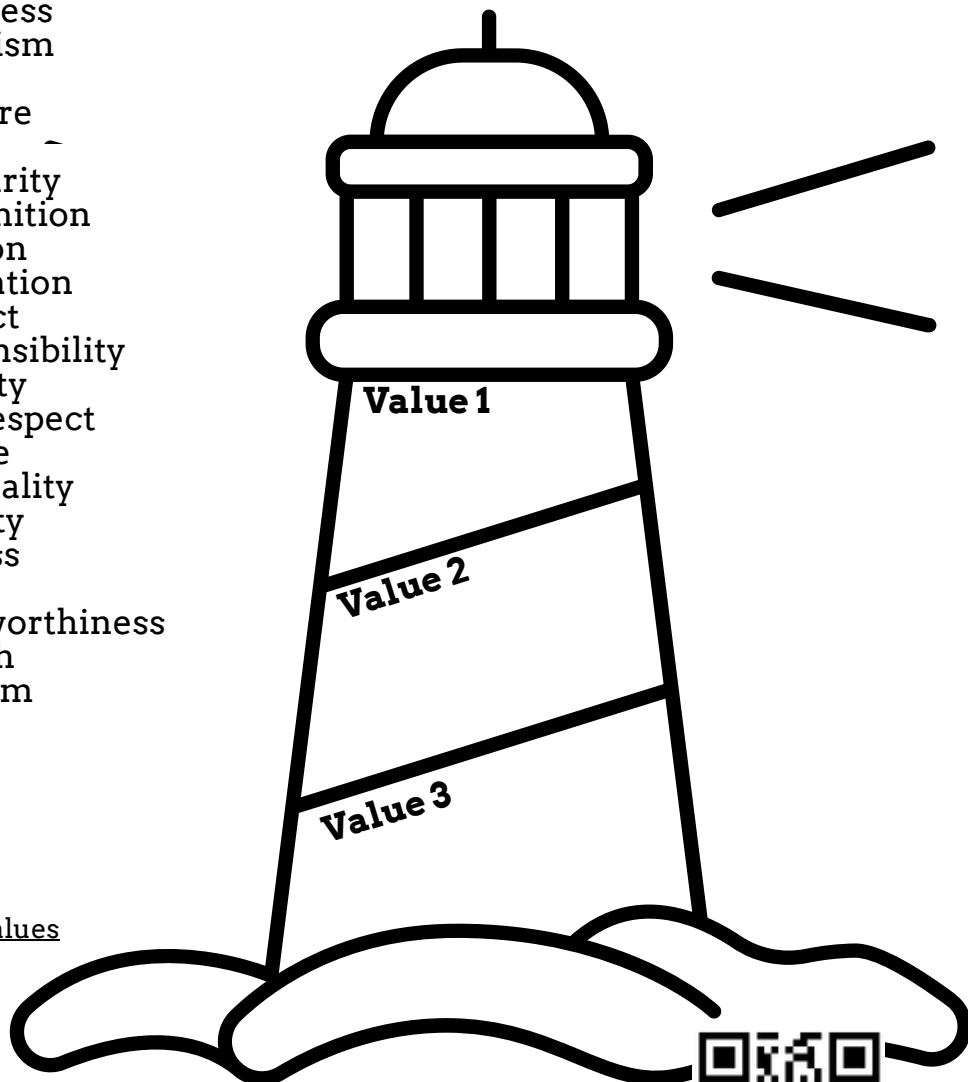
My Guiding Values

One of the most powerful things you can do for yourself is identify your core values. Your values are the beliefs and principles that guide your decisions, shape your behavior, and influence the direction of your life. Think of them as your inner lighthouse, helping you navigate opportunities, relationships, and challenges. When you know your values, it's easier to determine what fits and what doesn't.

Look at the list below and circle the words that stand out to you. Which values consistently drive your attention, choices, and actions? As you narrow your list, challenge yourself to identify your top three core values. These are the values that have likely been woven throughout your life. Once you've identified them, learn them as well as you know your phone number. Let them become a filter for your decisions and a guide for how you spend your time, energy, and attention. Write your top 3 values in the lighthouse and use them to guide your life.

My three guiding values are: Love, Happiness & Making a Difference

- Authenticity
- Achievement
- Adventure
- Authority
- Autonomy
- Balance
- Beauty
- Boldness
- Compassion
- Challenge
- Citizenship
- Community
- Competency
- Contribution
- Creativity
- Curiosity
- Determination
- Fairness
- Faith
- Fame
- Friendships
- Fun
- Growth
- Happiness
- Honesty
- Humor
- Influence
- Inner Harmony
- Justice
- Kindness
- Knowledge
- Leadership
- Learning
- Love
- Loyalty
- Meaningful Work/Making a Difference
- Openness
- Optimism
- Peace
- Pleasure
- Poise
- Popularity
- Recognition
- Religion
- Reputation
- Respect
- Responsibility
- Security
- Self-Respect
- Service
- Spirituality
- Stability
- Success
- Status
- Trustworthiness
- Wealth
- Wisdom



Values list from: jamesclear.com/core-values



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